

Here are a couple of possible submissions for the newsletter.

This is the blurb we have put in the newsletters in the past.

Fifth Disease

If you know that your child has Fifth Disease, please let the office know so that we may inform our expectant mothers and keep them safe.

Here is one with more detail.

Fifth Disease

Fifth disease is an infection of the respiratory system. It spreads the same way as cold virus does:

- On the hands of someone who has the infection
- On something that has been touched by someone who has the infection
- In the air, after an infected person has breathed or sneezed

The infection starts as a very red rash on the cheeks, making the face look like it has been slapped. One to four days later, a red, lace-like rash appears, first on the arms, and then on the rest of the body. The rash may last from one to three weeks and may be accompanied by fever.

The illness is often very mild. Sometimes the child may not even feel sick. For most people, Fifth Disease can be viewed as an unimportant rash illness.

The infection may be more serious for:

- People with chronic blood disorders, such as sickle cell anemia
- Pregnant women

If you suspect your child may have Fifth disease, please notify the office and obtain confirmation from your doctor.