



# Tooth Injury: What should you do?

**Any sign of a head injury such as unconsciousness, nausea or headache, call 911 immediately.**

## WHAT IS AN AVULSED TOOTH?



When a tooth has been completely knocked out of place, it is avulsed. To increase chances of saving the tooth, you **MUST** act quickly.

## WHAT TO DO WHEN A TOOTH HAS AVULSED

- Wash your hands with soap and water or use hand sanitizer.
- Hold the tooth by the crown; this is the part that is used to chew your food. Avoid touching or rubbing the root of the tooth. The tissue around it is very delicate and important to preserve.
- Gently rinse the tooth with water. Do not scrub, use soap, or dry the tooth.

## ADULT TOOTH

- Try to replace the tooth into its place. Success for saving the tooth is higher if it's done within 10 minutes. Hold the tooth by the crown and put it back firmly into the hole (or socket), root first. Gently bite down on a clean gauze or cloth.
- Wash your hands with soap and water or use hand sanitizer.
- If the tooth cannot be replaced in its socket immediately or if there's a risk that it may be swallowed, it should be placed in cold milk.
- Go to the dentist as soon as possible.

## BABY TOOTH

- The tooth should not be replanted. Replanting a baby tooth can damage the adult tooth forming underneath.
- Go to the dentist as soon as possible.

